

Making Parenting A Pleasure

a group-based program for highly stressed parents

*Make Parenting a Pleasure is one of the most effective programs to improve parenting available today.
Parent/Guardian of children 0-8 year olds*



FREE 12 Session Class Starting:-

Thursday, January 7th, 2010

6:00 to 8:00pm

**At the Schaller Crestland Public School in
Schaller**

Modules address stress reduction, anger management, realistic expectations, communication skills and positive discipline

FREE CHILDCARE AND MEAL

Registration Limited

CALL TO SIGN UP

Mollie Scott, Presenter

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